

University Interscholastic League
P.O. Box 8028
Austin, Texas 78713-8028
(512) 471-5883
www.uiltexas.org

UIL Volleyball Update 2011-2012

UIL Office (512) 471-5883

**Sheila Henderson
shenderson@uiltexas.org**



RESOURCES

UIL website (www.uiltexas.org)

NFHS website (www.nfhs.org)

Constitution and Contest Rules

Sport Specific Manual

NFHS Rule Book

TEA-UIL Side by Side

Booster Club Manual

Junior High Manual



AGENDA

- **UIL Rule Changes**
- **NFHS Rules Changes**
- **Dates for Season**
- **UIL Required Training/State Requirements**
- **NFHS Concussion Protocol**
- **Officials**
- **Game Regulations and Definitions**
- **Student Eligibility for All UIL Contest**
- **No Pass No Play/Varsity Eligibility**
- **Previous Athletic Participation Form (PAPF)**



Dates for 2011-2012 Season

Volleyball

August 1	First day to issue equipment/workout
August 5	First day for scrimmages
August 8	First day for matches
October 29	District Certification Deadline
November 11-12	Regional Tournaments
November 17-19	State Tournament (Texas State, Strahan Coliseum, San Marcos, Texas)



UIL RULE CHANGES

2011 - 2012



GENERAL



- * Change the UIL Concussion Management Protocol to that of the National Federation of State High School Associations based upon the recommendation of the UIL Medical Advisory Committee.
- * Providing for specific exceptions to the UIL rule that prohibits schools from allowing students to enroll in more than one Physical Education and/or athletic class (see Section 1206(e)).
- * Changes to Reclassification and Realignment Policies regarding students with multiple disabilities and the ability of schools to “opt up”.



UIL RULE CHANGES

2011 - 2012

Football



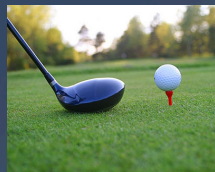
- * Allow scrimmages after six days of contact (rather than seven).

Baseball and Softball



- * Allow three games to be substituted in place of tournament in high school baseball and softball.

Golf



- * Allow all players to participate in the team playoff in golf.

UIL RULE CHANGES 2011 - 2012

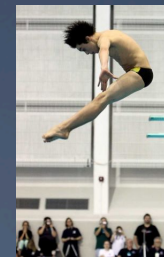
SOCCER

- Allow schools to have their first soccer scrimmage after the five-day holiday restriction in December.



SWIMMING AND DIVING

- * Remove the degree of difficulty requirement for girls and boys in diving.





RULE CHANGES 2011-2012

1-3 new 3

Outlines the procedure for scoring when a vacant position rotates to serve in the right back position due to the team playing with fewer than six players as a result of illness, injury or disqualification.

2-1 new 9 and 10

Adds the definitions for playable and nonplayable areas and stipulates the first referee has the authority to identify other area(s) as unsuitable for play.

3-1-1

The overall width and length of the net may now fall within a range with the width of the net overall being 36 inches to 39 inches and the length being 31 feet, 6 inches to 33 feet.





CHANGES con't

3-1-1

The plain white tape along the top of the net shall be 2 inches up to $2\frac{3}{4}$ inches wide. A white net sleeve, no wider than $3\frac{3}{8}$ inches, with the school name, insignia, school mascot and/or advertising may be installed along the top of the net.

4-1-5

Expands the style of items that may be worn in the hair to include unadorned flat barrettes no longer than 2 inches.



NFHS Rule Change-Colored Balls

- * Rule 3-2-1 allows state associations to choose the color of the competition ball.
- * The UIL will allow the colored-panel ball to be utilized for competition games beginning in the 2011 volleyball season. The colored-panel ball makes it easier to track for players, spectators, officials and linesmen. School districts will be allowed to choose the color for the panels, while by rule the home team shall provide the game balls for competitions. The UIL regional and state tournament competitions will utilize the red, white and blue colored panel ball.
- * The playing rules state, “All panels of the ball shall be solid white or a maximum combination of three colors (with each panel being a solid color) and of which at least one-third of the panels shall be solid white.”
- * The volleyball shall include the NFHS Authenticating Mark and a current list of NFHS authenticated products can be found at www.nfhs.org.



UIL Required Training - Rules Compliance Program (RCP)

- Available **ONLY** via UIL website on a link to gateway - www.uiltexas.org
- Must have a UT Log-in ID and password set-up to complete course
- Print certificate to verify completion



Rules Compliance Program

1. **UPDATED Constitution and Contest Rules** – separate HS course and JH course
2. **UPDATED QUIZ - Ethics and Sportsmanship**
3. **UPDATED INFORMATION AND QUIZ - Safety Training** - Includes new NFHS and UIL concussion information and protocol as well as new CPR charts
4. **UPDATED QUIZ - Steroid Education** – Video “The Making of a Champion”
5. **NEW! Sport Specific** - 12 separate modules one for each sport that pertains to the high school sport specific plan



State Law - Texas Education Code

1. **TEC Chapter 33.086** - Certification for CPR and First Aid Training
2. **TEC Chapter 22.902** – Instruction related to CPR/AED
3. **TEC Chapter 33.202** – Safety Training Requirement
 - Coach completes the training included in RCP
 - Safety information must be presented to the students – PPT provided
 - Rehearse safety communication with athletes in a practice plan per sport
 - Provide the information to the parents



Concussion Safety – HB 2038

TEC Chapter 38, Sub Chapter D

- UIL Implementation Guide - imbedded into the RCP and available on the UIL Website.
- NFHS Suggested Guidelines for management of Concussion in Sports.
- Link to NFHS Learn – www.nfhslearn.com - FREE course on **Concussion in Sports – What You Need**



To Know

UIL Required Training – National Federation of High Schools (NFHS)

- Available through a link on the UIL website or visit www.nfhslearn.org
 - Print certificate to verify completion
1. NFHS – Fundamentals of Coaching – 6 hours course/\$35 - all first year coaches and any coach who is not a full-time employee of the school district.
 2. NFHS – Teaching and Modeling Behavior – 1.5 hour course/\$20 - minimum penalty for coach ejection



Required Student Forms

- Pre-Participation Physical Examination Form
- Medical History Form
- Rules Acknowledgmen (updated)
- Parent or Guardian Permit
- Parent/Student Anabolic Steroid Use and Random Steroid Testing Form



OFFICIALS

<http://uil.arbitersports.com/FRONT/105040/Site>

- * Request for UIL assigned officials must be done online
- * Home team makes request
- * If both home team and visitors make request, will have to make pay both sets of officials



C & CR Section 1330 Practice Regulations

- One practice = no more than 3 hours
- Two practices = no more than 5 hours; minimum of a one-hour rest/recovery time between the two practices
- 3 hours is maximum length of a single practice
- No scrimmages until August 5th



C & CR Section 1330 Regulations

- **23 matches, 3 tournaments (2 matches can be substituted for one tournament)**
- **Tiebreaker procedures not clearly defined by district rules at the beginning of the season will default to UIL tiebreaker rules (section 1203)**



Clarification of Definitions:

- * Single match- best 3-out-of-5 but state adoption allows for modifications for varsity tournaments and sub-varsity season play
- * Dual match- consists of teams that place same site, same night, same level. (counts as one match for calendar week)
- * Double header- participant plays in two matches, different level, 2 matches for calendar week, 2 of the 23 total matches for season. (Counts as two matches/contests for calendar week and will count as two of the 23 total matches allowed per season.)
- * Exception-1st two weeks of season-no more than three matches or dual matches (=6 matches)



Tournament Clarifications:

Pool play- first rounds of tournament must consist of one of the following formats:

- * 2 “mini games” 0-15(cap 20) standings based from w/l and it counts as one match, does not count for season record
- * Modified rally format 2 of 3, counts as a match on season record



C&CR Section 400

STUDENT'S ELIGIBILITY FOR ALL UIL CONTEST



- * Is not a high school graduate
- * Is a full-time student
- * Regular attendance / 15 day rule
- * Meets credit requirements (“NO PASS NO PLAY”)
- * Enrolled in four year program
- * Four year rule
- * Was not recruited (PAPF)
- * Awards Rule
- * Meets requirements of C&CR Section 440





C&CR Section 440 VARSITY ELIGIBILITY

ELIGIBILITY FOR ATHLETIC CONTESTS:

- * Meets all requirements of Section 400
- * Parent Residence
- * Changing Schools for Athletic Purposes (PAPF)
- * Age Rule
- * Amateur Athletic Status



FULL TIME STUDENT



- * Enrolled in participant high school
 - * a student must be enrolled for at least four hours per day
 - * four hours may be for either state approved or local credit.

- * In compliance with local written transfer and admission policies



REGULAR ATTENDANCE



- * A student is in regular attendance even though he or she is absent for 10 class days or less after enrolling in school because of illness or other unavoidable cause, if the parent or guardian submits a written statement certifying this as the reason for the absence and the principal approves the absence.

- * A student who does not enroll in and attend school within the first six class days is ineligible to participate until the 15th day after enrollment and attendance.



VARSDTY ELIGIBILITY

Residence Rule:

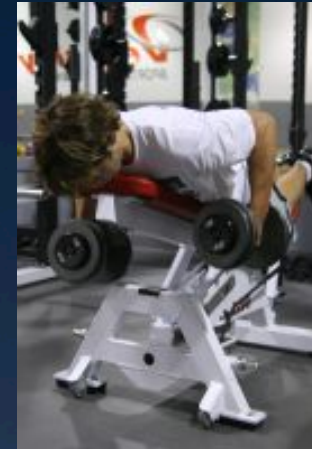
- * Is a resident of the member school district and a resident of the attendance zone in which the participant school being attended is situated

- * Or has been *continuously enrolled* in and regularly attending the school for at least the previous calendar year if his or her parents do not reside within the school district's attendance zone



Age

Age Rule:



- * Student is less than 19 years old on September 1 preceding the contest, or has been granted eligibility based on a disability which delayed his or her education by at least one year

PREVIOUS ATHLETIC PARTICIPATION FORM (PAPF)



Changing schools for athletic purposes:

- * All new students in grades 9-12 who have ever practiced (before, during or after school) or participated in any UIL athletic activity in grade 8-12 at another school **MUST** have this form completed by the previous school (last school of participation) and be approved by the District Executive Committee **before** they are eligible to participate at the varsity level at the new school.
- * The form includes the student eligibility questionnaire that must be completed first for any student new to that school district before participation.



STUDENT'S ELIGIBILITY

Awards Rule:

* *Awards Schools May Give*

- * an award not exceed \$70 in value to a student during that student's high school enrollment at the same school for participation in UIL inter-school competition.

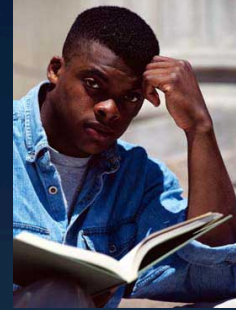
* *Awards Students May Receive*

- * A certificate, medal, trophy or other symbolic award for participating in any UIL activity which counts on League standing, if it is given by the school, school district, the district executive committee, or the entity that organized the competition.





“NO PASS NO PLAY”



Eligibility for the FIRST Six Weeks (Credit Requirements)::

- * *Grades nine and below* - must have been promoted from the previous grade.
- * *Second Year of High School* - five accumulated credit towards state graduation.
- * **Third Year of High School* - ten accumulated credit toward state graduation.
- * **Fourth Year or High School* - fifteen accumulated credits toward state graduation

*If accumulated credits are not earned, must earn 5 credits within previous 12 months



“NO PASS NO PLAY”

Eligibility for the FIRST Six Weeks (Credit Requirements):

- Students who do not meet the previous requirements are academically ineligible for participation the first six weeks of the school year. Grades are checked at the end of the first six weeks and if the students are passing all classes, they could regain academic eligibility after the seven period.



“NO PASS NO PLAY”



Eligibility AFTER the FIRST Six Weeks:

- All schools must check grades for all participants at the end of the first six weeks of the school year. From that point, grades are checked at the end of the grading period whether it is six, nine, or twelve weeks in length.
- Students who pass remain eligible until the end of the next grading period. All activity coaches and directors are responsible for obtaining official grade reports from the individual the principal designates as the keeper of official grades before the student represents the school.
- This provision applies to all grading periods. It also applies to all three school week evaluation periods for ineligible students.



AMATEUR ATHLETIC STATUS

- * Accept any valuable consideration as an award for winning/placing in an athletic contest. Valuable consideration is defined as anything wearable, usable or salable, and includes such items as tee-shirts, hamburger coupons, free or reduced rate tennis racquets, etc.
- * Accept valuable consideration for teaching or coaching any UIL sport, except beginning swimming or lifesaving lessons.
- * Accept valuable consideration for allowing their name to be used for advertisement of a product, plan or service.



AMATEUR ATHLETIC STATUS

Amateur Rule

* Additional VALUABLE CONSIDERATION THAT SCHOOL TEAMS AND ATHLETES MAY ACCEPT

Examples of additional items deemed allowable under this interpretation if approved by the school, include but are not limited to:

1. meals, snacks or snack foods during or after practices;
2. parties provided by parents or other students strictly for an athletic team



LIMITS ON PRACTICE AND PERFORMANCE

Activities Inside the School Year:



School Week Limitation

- * For any given extracurricular activity, a student may not participate in more than one activity per school week, excluding holidays.

Eight Hour Rule

- * State law limits schools to no more than eight hours of practice outside of the school day during the school week, per activity. School week is defined as Monday to the end of school on the last instructional day of the week (usually Friday).



LIMITS ON PRACTICE AND PERFORMANCE



Activity Periods:

- Student athletes shall not be enrolled in more than one physical education and/or athletic class whether or not they are receiving credit. **Exceptions: PE Class: Adventure/Outdoor Education; PE Substitutes: JROTC, Cheerleading, Drill Team, Marching Band**

Extracurricular Absences:

- In accordance with the provisions of the Texas Education Code, §33.0811, the number of times that a school district may allow a student to miss a class for extracurricular participation during a school year shall be determined by the *school district board of trustees*.



C&CR Section 400

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Charitable Cause Guidelines

1. Competition may be held during any one week.
2. No exceptions to the NFHS uniform rules.
3. Jerseys of a different color than the school colors are not allowed.
4. Commemorative colored ribbon, bead, socks, etc. is recommended.



C&CR, Section 1209

School Summer Camps & Clinics Non-School Activities



School Summer Camps & Clinics

(Incoming 7th -9th Student-athletes from coaches own attendance zone)

Camp guidelines:

- * Offered the last day of school, and before 2nd Monday in August
- * 6 consecutive days
- * Fee waiver process for students unable to pay
- * May use equipment inherent to the sport

Coaches are prohibited from:

- * Using incoming 10th-12th grade students
- * Paying fees



NON-SCHOOL ACTIVITIES

(7-12 STUDENT-ATHLETES FROM COACHES OWN ATTENDANCE ZONE)

Coaches can assist in:

- * Organization, selection of players, and selection of coaches for a league
- * Supervision of facilities
- * Instruct his or her own adopted or birth children

Coaches are prohibited from:

- * Giving instruction
- * Being primary coordinator point of contact, or director
- * Transporting students
- * Using school funds
- * Using school equipment
- * Handling money
- * Paying any type of fees

Recommend coaches do not:

- * Officiate while students are participating



POST SEASON

- * Bi-District, Area, Regionals
 - * Contracts
 - * Officials- Split crews
 - * Post Season Packets
 - * Brackets
 - * Game Reporting
 - * State Packets (found on UIL website)



You can't live a perfect day without
doing something for someone who
will never be able to repay you.

John Wooden

